

INTERIM FITNESS PROCEDURE COVERING NOTE

The FBU over the past 9 months have been negotiating with SFRS on the Interim Firefighter Fitness Standards and Assessments Procedure.

The negotiations, at this stage, have now concluded and the procedure is open to members for the 28 day consultation period.

Members are encouraged to discuss the interim procedure, covering report and express their views through the FBU branch and section structures. The views of the members will be collated to inform the FBU's final response to the interim procedure.

The FBU are not in a position to formally agree this interim procedure as the outcomes are not entirely evidence based. However, in the interests of Firefighter safety, fairness and harmonisation we are prepared to accept the Service's implementation of the procedure pending the findings of the joint Scottish Firefighter Fitness Working Group. At this forum we will, in conjunction with National Officials, present evidence based information to influence the production of a more detailed and robust fitness policy.